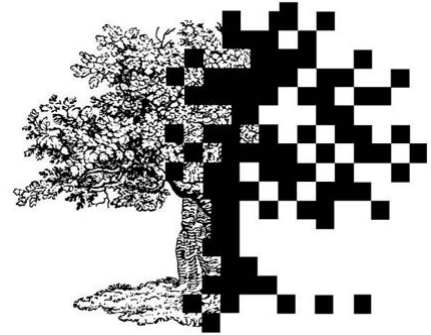


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Permit #21

# *Wilson Medical Center Continuing Education Symposium*



*Wednesday and Thursday  
November 11 and 12, 2009*

*Wilson Medical Center  
Auditorium  
1705 Tarboro Street, SW  
Wilson, North Carolina*

Jointly Sponsored by:

Health Education Foundation/Area L AHEC  
and  
The University of North Carolina Eshelman  
School of Pharmacy  
and  
Wilson Medical Center Pharmaceutical Services

Educational Planning by:

Area L AHEC  
Rocky Mount, North Carolina

Please visit Area L AHEC's Web-site at:  
[www.arealahec.org](http://www.arealahec.org)

Area L AHEC  
Post Office Drawer 7368  
Rocky Mount, NC 27804-0368



In association with the School of Medicine, The University of North  
Carolina at Chapel Hill, Area Health Education Centers Program  
Equal Opportunity – Affirmative Action Employer



## ACCREDITATION

This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society (NCMS) through the joint sponsorship of the Health Education Foundation/Area L AHEC, The University of North Carolina Eshelman School of Pharmacy, and Wilson Medical Center Pharmaceutical Services. The Health Education Foundation/Area L AHEC is accredited by the NCMS to provide continuing medical education for physicians.

## CREDIT

The Health Education Foundation/Area L AHEC designates this educational activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity.

## COMMERCIAL SUPPORT AND DISCLOSURE

The Health Education Foundation/Area L AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated in their presentations.

## PHARMACY CREDIT

This two-day seminar will provide a total of 12.0 contact hours of continuing pharmacy education credit. To receive CE credit, attendance MUST be acknowledged at the registration desk upon arrival at the program. The CE Attendance Verification Form must be completed and turned in at the program to receive CE credit for this program. Statements of credit will be mailed upon completion and evaluation of the programs.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

## TARGET AUDIENCE

Physicians, physician extenders, pharmacists, and pharmacy technicians will benefit by attending.

**For further information**, please contact Ms. Deborah Hyman, assistant for administrative activities, at (252) 972-6958 or fax (252) 972-0419.

**If you need to reach a seminar participant during the program**, call Mrs. Rosa C. Edwards at (252) 399-8253.

## PROGRAM COORDINATORS

### *Wilson Medical Center:*

Cathy B. Harrell, RPh, BS  
Pharmacy Supervisor

Doris S. Craft, RPh, BS  
Staff Pharmacist

Rosa C. Edwards, MLS  
Library Resource Center Coordinator

Harold G. Usher, RPh, BS  
Pharmacy Manager

### *Area L AHEC:*

Alice J. Schenall, MPH, CHES, RHed  
Director – Medical Education

Debra P. Futrell, PharmD  
Director – Pharmacy Education  
Clinical Assistant Professor  
UNC Eshelman  
School of Pharmacy



## LOCATION

All sessions will be held in the Wilson Medical Center Auditorium. **Maximum seating capacity is 200.**

### **Directions to program location:**

#### *From Raleigh*

Travel 64E to 264E (to Wilson), take exit 36B east (alternate 264 – Wilson), make a right turn at Forest Hills Road; make a left turn onto Tarboro Street (Highway 42). Wilson Medical Center is on the right.

#### *From Greenville*

Travel Highway 264W (to Wilson), take Exit 40 (Highway 42E), follow Highway 42E, cross Forest Hills Road and Glendale Drive. Wilson Medical Center is on the right.

## PURPOSE

The purpose of this knowledge type of activity is to update the participants on the most current information regarding: pharmaceutical waste, the metabolic syndrome, the treatment of HIV, Alzheimer's disease, medication therapy management (MTM), pediatric obesity, H1N1 (Swine) Flu, and the use of herbals, vitamins, and minerals.

### **This program is supported, in part, by unrestricted educational grants from:**

Novo Nordisk  
Sanofi-Aventis  
Forest Pharmaceuticals, Inc.

## Objectives for Pharmacists:

At the completion of this two-day knowledge type of activity, participants should be able to:

- ✓ Discuss the major federal regulations that influence disposal options for unused medications
- ✓ Define the metabolic syndrome and identify patient characteristics of the metabolic syndrome
- ✓ Review antiretroviral therapy including initiation, salvage therapy, and post-exposure prophylaxis
- ✓ Discuss common therapies that may be used for the treatment of symptoms associated with Alzheimer's dementia
- ✓ Identify changes needed in the workplace to integrate patient care and MTM services
- ✓ Review current expert consensus recommendations for prevention, identification, and treatment of childhood obesity
- ✓ Describe influenza transmission and prevention
- ✓ Identify common uses, side effects, and drug interactions for the most popular dietary supplements

## Objectives for Technicians:

- ✓ Discuss the major federal regulations that influence disposal options for unused medications
- ✓ Define the metabolic syndrome and identify patient characteristics of the metabolic syndrome
- ✓ List antiretroviral therapy including initiation, salvage therapy, and post-exposure prophylaxis
- ✓ List common therapies that may be used for the treatment of symptoms associated with Alzheimer's dementia
- ✓ Identify changes needed in the workplace to integrate patient care and MTM services
- ✓ Review current expert consensus recommendations for prevention, identification and treatment of childhood obesity
- ✓ Describe influenza transmission and prevention
- ✓ Identify common uses, side effects, and drug interactions for the most popular dietary supplements



If you require reasonable accommodations for a disability in order to participate fully in this continuing education activity, please call Ms. Deborah Hyman at (252) 972-6958 no later than 15 days before the activity or attach a note to your registration form.

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The registration fee covers credit, lunch, breaks, and instruction. **Participants who cancel registration via fax number 252-972-0419, by November 2, 2009, will receive a refund for the amount they have paid less 30%. Fees will not be returned for cancellations made after November 2, 2009. Substitutes are generally accepted.**

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**Registration for this program via e-mail, fax, or on-line, acknowledges your responsibility of payment. Should you need to cancel registration, you must fax cancellation to 252-972-0419.**

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## AGENDA WEDNESDAY, NOVEMBER 11, 2009

<b>8:00 – 8:45 a.m.</b>	<b>Registration/Refreshments</b>
<b>8:45 – 9:00 a.m.</b>	<b>Welcome</b> Richard E. Hudson, MHA President and CEO Wilson Medical Center WilMed Healthcare
<b>9:00 – 10:30 a.m.</b>	<b>“Pharmaceutical Waste: EPA Recommended Practices”</b> <i>ACPE # 0046-9999-09-177-L01-P (1.5 hrs.)</i> <i>ACPE # 0046-9999-09-177-L01-T (1.5 hrs.)</i> Mr. Stephen Burt President, Healthcare Compliance Resources
<b>10:30 – 11:00 a.m.</b>	<b>Evaluation/Break/Exhibits</b>
<b>11:00 – 12:30 p.m.</b>	<b>“The Metabolic Syndrome: What the Pharmacist Can Do and Needs to Know”</b> <i>ACPE # 0046-9999-09-178-L01-P (1.5 hrs.)</i> <i>ACPE # 0046-9999-09-178-L01-T (1.5 hrs.)</i> Robb Malone, PharmD Clinical Assistant Professor UNC Eshelman School of Pharmacy
<b>12:30 – 1:15 p.m.</b>	<b>Evaluation/ Exhibits (lunch provided)</b>
<b>1:15 – 2:45 p.m.</b>	<b>“Update in the Treatment of HIV”</b> <i>ACPE # 0046-9999-09-179-L02-P (1.5 hrs.)</i> <i>ACPE # 0046-9999-09-179-L02-T (1.5 hrs.)</i> Joe Eron, MD Principal Investigator, AIDS Clinical Trials Unit The University of North Carolina at Chapel Hill
<b>2:45 – 3:00 p.m.</b>	<b>Evaluation/Break/Exhibits</b>
<b>3:00 – 4:30 p.m.</b>	<b>“Alzheimer’s Disease: An Update”</b> <i>ACPE # 0046-9999-09-180-L01-P (1.5 hrs.)</i> <i>ACPE # 0046-9999-09-180-L01-T (1.5 hrs.)</i> Todd King, PharmD Senior Vice President Continuing Care Rx
<b>4:30 p.m.</b>	<b>Evaluation/Adjournment</b>

**AGENDA**  
**THURSDAY, NOVEMBER 12, 2009**

- 8:00 – 8:45 a.m. Registration/Refreshments**
- 8:45 – 9:00 a.m. Welcome**  
David M. Webb, EdD  
President  
Health Education Foundation/  
Area L AHEC
- 9:00 – 10:30 a.m. “Medication Therapy Management”**  
*ACPE # 0046-9999-09-181-L01-P (1.5 hrs.)*  
*ACPE # 0046-9999-09-181-L01-T (1.5 hrs.)*  
Joe Moose, PharmD  
Moose Professional Pharmacy
- 10:30 – 11:00 a.m. Evaluation/Break/Exhibits**
- 11:00 – 12:30 p.m. “Pediatric Obesity”**  
*ACPE # 0046-9999-09-182-L01-P (1.5 hrs.)*  
*ACPE # 0046-9999-09-182-L01-T (1.5 hrs.)*  
Suzanne Lazorick, MD  
Department of Pediatrics  
Brody School of Medicine  
East Carolina University
- 12:30 – 1:15 p.m. Evaluation/Exhibits (lunch provided)**
- 1:15 – 2:45 p.m. “Update on H1N1 (Swine) Flu”**  
*ACPE # 0046-9999-09-183-L01-P (1.5 hrs.)*  
*ACPE # 0046-9999-09-183-L01-T (1.5 hrs.)*  
Keith F. Henderson, D.O.  
FACEP  
Team Leader  
NCPHRST #3
- 2:45 – 3:00 p.m. Evaluation/Break/Exhibits**
- 3:00 – 4:30 p.m. “Evidence Based Use of Herbs, Vitamins, and Minerals: Issues in Patients Wanting/Needing Supplements”**  
*ACPE # 0046-9999-09-184-L01-P (1.5 hrs.)*  
*ACPE # 0046-9999-09-184-L01-T (1.5 hrs.)*  
Ashley Branham, PharmD  
Moose Professional Pharmacy
- 4:30 p.m. Evaluation/Adjournment**



Please bring a sweater or jacket to ensure your comfort. We cannot assure a constant room temperature.

**REGISTRATION FORM**  
**WILSON MEDICAL CENTER**  
**CONTINUING EDUCATION SYMPOSIUM**  
**November 11 and 12, 2009**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_  
Last 4 digits of SS#: \_\_\_\_\_ Degree(s): \_\_\_\_\_  
Discipline (Please √ only one):  Medicine  Pharmacy  
 Other \_\_\_\_\_ Specialty/Position: \_\_\_\_\_  
Employer: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Employer Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
County: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
County: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_  
Prefer mail at:  Office or  Home

**Please √ Type of credit requested:**

AMA  ACPE

Note: All of the above is needed to update our computer records.

In order to register, detach this portion and mail with a check made payable to Area L AHEC to:

Attn: Ms. Deborah Hyman, Area L AHEC  
Discipline: Interdisciplinary  
Post Office Drawer 7368  
Rocky Mount, NC 27804-0368

Early Registration Fee Per Day: \$70.00  
Registration fee after 11/2/09: \$80.00

Amount Enclosed: \$ \_\_\_\_\_

Payment by: Individual { } Agency { }

Signature: \_\_\_\_\_

Please pre-register for entire day regardless of whether you plan to attend 1, 2, 3, or 4 sessions.

*On-line registration and payment is now available at:*  
[www.aheconnect.com/registration/areal](http://www.aheconnect.com/registration/areal)

**Payment must be received to confirm registration.**

**Event Number: 28838**

DAY 1, November 11, 2009

DAY 2, November 12, 2009

**Unforeseen circumstances may necessitate speaker substitution or program cancellation. If Area L AHEC cancels the program, all registrants will be notified and refunds will be given as appropriate.**